

Saint Ambrose Sports Program

Code of Conduct and Permission

Welcome to the Saint Ambrose sports program! As this may be your first exposure to an organized school sports program, please communicate at any time any questions or concerns you may have. The primary goal of our program is to develop student-athletes in a positive Catholic environment in preparation for high school and life.

Interscholastic and youth sports programs play an important role in promoting the physical, social and emotional development of children. It is therefore essential for parents, coaches and officials to encourage youth athletes to embrace the values of good sportsmanship. Each player/participant is expected to demonstrate sportsmanship, respect for the coaches, referees, and umpires, have a positive attitude, and good conduct on and off the field.

Parents must be respectful of the coaches and game officials, which includes but is not limited to, disagreements. Any issue can be brought to the coach's attention as well as the School / League Representatives. If you have ANY questions or concerns, please feel free to approach the coaches BEFORE AND/OR AFTER games and practices with any questions that may arise.

Positions and playing time are determined based on what is best for the team. Some factors, but not all are ability, the understanding of the game/situation, participation in practice, listening and attentiveness to the coaches. There is no minimum playing time in this league and coaches will not be required to play every player or any specific amount of game time. All players will probably not play in every game.

Practice does not begin until the coach is in attendance and calls for practice to start regardless of the predetermined start time. Attendance at practices and games is a crucial component to a successful team. Parents are expected to clear their child's schedule to avoid conflicts. Poor attendance is unfair to teammates and may result in a player's dismissal from the program. Players and parents must commit to be available for this program through the duration of the season.

Please also remember that each player is considered a student first and athlete second. It is a privilege to represent Saint Ambrose School. Players are required to maintain grades at an adequate level commensurate with their abilities as determined by the principal. Failure to do so or unsportsmanlike conduct can lead to a suspension or removal from the team.

Remember coaches are not babysitters. It is expected that parents or guardians are available by cell phone in the event of an emergency, and that athletes are picked up promptly at the end of practice/game. This request is necessary in the event of injury, weather related interruption, etc. Please make sure that the team representative has the phone number that can best reach you as necessary.

Players are expected to come to the venue ready to begin the game/practice. This includes being in full uniform or practice attire. For games players are required to be in full uniform and may not substitute any article of the uniform (no different socks, hats, etc.). Uniform means uniform.

Player safety is paramount. Please make sure protective gear (i.e. approved eye wear, proper game appropriate footwear, athletic supporter, etc.) is worn for all games and practices to prevent injuries.

In the event of a practice and/or game cancellation notification will be made by the team Representative.

Parents need to alert the coaching staff in advance that a player will not attend a practice or game. As much advance notice should be given to provide the proper preparation for replacement and or proper use of the attendee's time.

On the day of the game, players are expected to get to the venue at the time specified by the coaches. Please factor in driving time for away games. This is to ensure that we have ample time to properly prepare each player physically and mentally for the game.

Each player must provide his/her own beverage that is with the player from the beginning of practice/game and is sufficient to last through completion of practice/game. As each player will be competing at a high level, proper hydration is critical for each player's success and health.

Every attempt will be made to alternate players throughout the games. With the ability to re- enter the game (sport dependent), players may be required to be on the sideline for part or all of the game.

Only coaches and players are allowed on the playing field during practice and games. Parents must stay within the designated areas for spectators. At no time are parents allowed in player/coaching areas (i.e. dugouts, bench, gym floor, etc).

Participation in the program is voluntary and will involve rigorous physical activity, which may even under normal circumstances, cause injury. The participant agrees to save and hold harmless the school, coaching staff, team representatives and the league from any and all liability from injuries sustained by participant during practice or games. Parents or guardians should advise the coaching staff of any medical or other conditions that might require special attention. Each participant shall be bound to all league rules and school policies.

If you have ANY questions or concerns, please feel free to approach the coaches before and/or after games and practices with any questions that may arise.

Consent

I, the parent of the athlete named below, hereby give my permission for my child to participate in all after school athletic activities during the current school year. I assume all risks and hazards incidental to such participation. I hereby waive, and release, absolve, indemnify, and agree to hold harmless St. Ambrose supervisors, participants, and persons transporting my child.

I hereby certify that my child is physically and mentally able to participate in these activities, and has not had any head injury. In the event my child is injured during an athletic event, a signed medical release is required before resuming play.

Player/Participant Name (please print) _____ Grade/Class _____

Parent Phone Number _____

Health Insurance Company _____ Policy Number _____

Parent Name _____ Parent Signature _____

Date _____